

# REGISTRATION PACKET CHECKLIST



On behalf of the Hawks, it is our pleasure to welcome you to the 2018 track season. This is an all-volunteer organization, your help, support, and cooperation is critical for this program to be a success. We require each parent/guardian to participate in helping to accomplish functions of this club by volunteering and fundraising. We want this program to be the best it can for your family, and it is going to take all of us working together to make it happen.

The Hawks Track Club is a nonprofit 501(c)3 tax exempt organization that promotes running sports for youth in Southern California. Our Tax ID number is 27-1193878. Our team is located in the San Fernando Valley area with a satellite team in West Los Angeles.

Registration is now OPEN for your family to join. Welcome to the Hawks!

## REGISTRATION FORM SUBMITTING

**MAIL REGISTRATION:** Hawks Track Club 17639 Sherman Way #A275 Lake Balboa CA 91406

**ELECTRONICALLY BY EMAIL:** Visit website, [HawksTrackClub.com](http://HawksTrackClub.com) (online transaction fee applied)

**DELIVERED IN-PERSON:** Saturday, January 6, 2018 or Any practice in FEBRUARY!

**DATE:** Saturday, January 6, 2018 (Bring copy of Birth Certificate)

**TIME:** 10:00am to 11:30am

**LOCATION:** Valley Glen Park 6150 Ethel Ave. Valley Glen, CA 91436

**PLEASE NOTE:** When you arrive at Valley Glen Park, look for BLUE TENT. Please GOOGLE address for exact location.

We accept credit card payments, money orders, cash or checks payable to: Hawks Track Club

**MANDATORY PARENT ORIENTATION MEETING:** (School Track)

Wednesday, January 31, 2018 \* 6:30pm-8:00pm \* Grant HS 13000 Oxnard St. Valley Glen, 91401

Registration packet must be turned in completed with a copy of athlete's Birth Certificate and Registration fee. If you miss sign-ups on Jan. 6th, we accept sign-ups at every practice in February!

- 1. Registration Form:** Fill out & return form. Choose Payment or Payment Plan. Select Uniform size (youth or adult size). Please sign the form accepting policy: refund, check, volunteering and fundraising.
- 2. Player Contract:** (Please complete one for each Athlete participating - If you have 2 kids you need to forms)  
Fill out and return form. Top of form select your Childs division and make sure your child signs form.  
DIVISION: Sub-Gremlin 2012-2013      DIVISION: Bantam 2008-2009      DIVISION: Youth 2004-2005  
DIVISION: Gremlin 2010-2011      DIVISION: Midgets 2006-2007      DIVISION: Intermediates 2002-2003
- 3. Code of Conduct:** (Please complete one for each Athlete participating - If you have 2 kids you need to forms)  
Fill out & return form. Physicals are suggested but NOT required unless your child is under Doctor's care, take medication on a regular basis and/or has a medical condition. Make sure the form is signed at the bottom by parent and child.
- 4. Athlete Apparel Form:** Fill out & return form. Select Apparel for all athletes. Apparel selected and received is not exchangeable unless we have extra.
- 5. Parent Volunteering & Fundraising Information Form:** Fill out & return form. This form must be turned in and completed at time of registration. We will not accept incompleting registration forms.
- 6. Submit Registration Form Options**



# HAWKS REGISTRATION FORM

{San Fernando Valley}



## PARENT #1/GUARDIAN INFORMATION

## PARENT #2/GUARDIAN INFORMATION

Parent Name \_\_\_\_\_ Parent Name \_\_\_\_\_

Contact# \_\_\_\_\_ Contact# \_\_\_\_\_

E-Mail \_\_\_\_\_ E-Mail \_\_\_\_\_

(1) Athlete's Name \_\_\_\_\_ Age \_\_\_\_\_ Girl \_\_\_\_\_ Boy \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 USATF # \_\_\_\_\_ none \_\_\_\_\_ AAU# \_\_\_\_\_ none \_\_\_\_\_

(2) Athlete's Name \_\_\_\_\_ Age \_\_\_\_\_ Girl \_\_\_\_\_ Boy \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 USATF # \_\_\_\_\_ none \_\_\_\_\_ AAU# \_\_\_\_\_ none \_\_\_\_\_

(3) Athlete's Name \_\_\_\_\_ Age \_\_\_\_\_ Girl \_\_\_\_\_ Boy \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 USATF # \_\_\_\_\_ none \_\_\_\_\_ AAU# \_\_\_\_\_ none \_\_\_\_\_

(4) Athlete's Name \_\_\_\_\_ Age \_\_\_\_\_ Girl \_\_\_\_\_ Boy \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 USATF # \_\_\_\_\_ none \_\_\_\_\_ AAU# \_\_\_\_\_ none \_\_\_\_\_

## REGISTRATION PAYMENT

**Fee Includes:** Trophy, Track Meets, Warm-Ups, T-Shirt, Fundraising Deposit, Ribbons, Medals, Facility and Team Ins.  
**SPECIAL:** Parent T-shirts \$6.00ea with Sign-Ups by 02/10/18 \$6.00 T-Shirt size \_\_\_\_\_ \$6.00 T-Shirt size \_\_\_\_\_

<b>Instructions:</b> Select 1-4 Athletes <u>or</u> Payment Plan Box	<b>PAYMENT Instructions:</b> Pay 1st payment when <b>you join</b> .	<b>UNIFORM Instructions:</b> Select Youth or Adult size uniform. 2 piece Uniform per Athletes	<b>LATE FEE Instructions:</b> If you Sign-Up after February 27th Please <b>Add</b> \$50.00 late fee	<b>Team Use Only</b> 1. Fee 2. Uniform 3. Other ▼	<b>TOTAL Amount Due</b>
<input type="checkbox"/> <b>One Athlete \$265.00</b> <input type="checkbox"/> Payment Plan Option	1 <sup>st</sup> - \$100.00 2 <sup>nd</sup> - \$100.00 3 <sup>rd</sup> - \$65.00	<input type="checkbox"/> \$30 Youth <input type="checkbox"/> \$40 Adult	<input type="checkbox"/> I signed up before Feb. 27, 2018 <input type="checkbox"/> \$50.00 - I joined after Feb. 28 <sup>th</sup>	Fee Due \$ _____ Uniform \$ _____ Late fee \$ _____	_____
<input type="checkbox"/> <b>Two Athletes \$425.00</b> <input type="checkbox"/> Payment Plan Option	1 <sup>st</sup> - \$150.00 2 <sup>nd</sup> - \$150.00 3 <sup>rd</sup> - \$125.00	<input type="checkbox"/> \$30 Youth <input type="checkbox"/> \$40 Adult <input type="checkbox"/> \$30 Youth <input type="checkbox"/> \$40 Adult	<input type="checkbox"/> I signed up before Feb. 27, 2018 <input type="checkbox"/> \$50.00 - I joined after Feb. 28 <sup>th</sup>	Fee Due \$ _____ Uniform \$ _____ Late fee \$ _____	_____
<input type="checkbox"/> <b>Three Athletes \$520.00</b> <input type="checkbox"/> Payment Plan Option	1 <sup>st</sup> - \$180.00 2 <sup>nd</sup> - \$175.00 3 <sup>rd</sup> - \$165.00	<input type="checkbox"/> \$30 Youth <input type="checkbox"/> \$40 Adult <input type="checkbox"/> \$30 Youth <input type="checkbox"/> \$40 Adult <input type="checkbox"/> \$30 Youth <input type="checkbox"/> \$40 Adult	<input type="checkbox"/> I signed up before Feb. 27, 2018 <input type="checkbox"/> \$50.00 - I joined after Feb. 28 <sup>th</sup>	Fee Due \$ _____ Uniform \$ _____ Late fee \$ _____	_____
<input type="checkbox"/> <b>Four Athletes \$600.00</b> <input type="checkbox"/> Payment Plan Option	1 <sup>st</sup> - \$200.00 2 <sup>nd</sup> - \$200.00 3 <sup>rd</sup> - \$200.00	<input type="checkbox"/> Special, See Registrar	<input type="checkbox"/> I signed up before Feb. 27, 2018 <input type="checkbox"/> \$50.00 - I joined after Feb. 28 <sup>th</sup>	Fee Due \$ _____ Uniform \$ _____ Late fee \$ _____	_____

**MANDATORY:** It is mandatory for your child to participate in 1-day per week of practice to be allowed to run in meets.

**CHECK POLICY:** I understand any personal checks returned to the Hawks Track Club will be imposed a \$30.00 charge.

**VOLUNTEER POLICY:** I understand as part of Registration, I must volunteer for 12 hours during the season or OPT OUT.

**FUNDRAISING POLICY:** I understand as part of Registration, I must participate in the team's fundraisers or OPT OUT.

**REFUND POLICY:** I understand and accept the refund policy. Team apparel returned must be new and unused

### REFUND POLICY

100% Refund less \$50.00 before February 7th  
 100% Refund less \$75.00 before February 15<sup>th</sup>  
 NO REFUNDS will be given after February 16<sup>th</sup>

### **REGISTRATION INFORMATION (Team Use Only)**

Registration Packet Received on \_\_\_\_\_ By \_\_\_\_\_  
 Paid Amount: \_\_\_\_\_ Paid by: Check# \_\_\_\_\_ Cash \_\_\_\_\_ Credit Card \_\_\_\_\_ Balance \_\_\_\_\_  
 Payment#1: \$ \_\_\_\_\_ Payment#2: \$ \_\_\_\_\_ Payment#3: \$ \_\_\_\_\_  
 Volunteer Days: \_\_\_\_\_

Parent Sign \_\_\_\_\_ Date \_\_\_\_\_ Practice Location: \_\_\_\_\_



# VYC PLAYER CONTRACT



Valley Youth Conference, Inc.

A Youth Sports Athletic Association

<http://www.valleyconference.org>

**Sport:**  Track & Field  Cross Country  Football **Age:** \_\_\_\_\_  Boy  Girl **Season Year** \_\_\_\_\_

Conference Member Team **Hawks Track Club** Name of Sport Division \_\_\_\_\_

### Please Read Carefully and Note

Completion of this application DOES NOT guarantee applicant a position on a team. No applicant will be allowed to participate in any activity until this form has been completed in full and accepted by the above named member organization. Member's organization acceptance is subject to final approval and certification by the sport. **PLAYER AND PARENTS TAKE NOTE:** All rules concerning certification, eligibility, playing rules, sport/conference procedures, and any dispute arising from these rules are procedures rests solely with the sport and/or conference. The final arbitration is the Valley Youth Conference, Inc. Executive Board. I agree to abide to all conference decisions.

### SECTION I. APPLICANT'S STATEMENT (Applicant must complete and sign this section)

I will faithfully keep and abide by the following rules and carry them out to the best of my ability.

<b>Player Completes and Signs</b>	1. I will maintain at least a "C" average throughout the school year.	<u>Birth Certificate</u>
	2. I will play any position assigned and do my best for the team	
	3. When my team is not playing I will stay off the playing field completely and will not interfere with those playing.	
	4. I solemnly pledge that I will not in any way damage, or deface any property, building or equipment.	
5. I agree to abide by all decisions of game officials and will not create any unsportsmanlike gestures at any time.		
6. I promise that I will be a lady/gentleman at all times and I will refrain from using any foul language.		
7. I agree that I will remain a member of the team and organization until properly released.		
8. I agree to return the uniform and other equipment issued to me in as good a condition as when received.		
Athlete's Name _____ Athlete's Signature _____ Date of Birth _____		
Address _____ City _____ Zip _____ Contact# _____		
Parent's Name _____ Parent's Email _____		

### SECTION II. Parent's/Guardians Acknowledgement, Authorization and Consent (PARENT/GUARDIAN SIGN BELOW)

<b>Parent/Legal Guardian Completes and Signs</b>	<b>RELEASE:</b> I/WE the parents/guardians of the above named applicant, hereby give my/our approval to his/her participation in all conference and member organizations activities during the specified season I/WE assume all risks and hazards incidental to such participation including transportation to and from the activities and I/WE do hereby waive, release, absolve, indemnify and agree to hold harmless the conference, member organization, organizers, sponsors, supervisors, participants, and persons transporting the applicant to and from activities, form any claim arising out of an injury to the applicant.	
	<b>ATTEST:</b> I/WE hereby acknowledge that the information provided in this application is factual and accurate, that I/WE understand that if applicant is accepted to member organization and is certified by the Conference the applicant must remain with the member organization until released, such release is subject to approval of the conference. I/WE have read the foregoing statement and understand them, and sign them voluntarily.	
	<b>MEDIA RELEASED:</b> I/WE hereby give permission to the Valley Youth Conference to reproduce, adapt, and display in any and all media my child's name, and/or photographs, silhouettes, or other reproductions of my child's physical image. I further give permission to the Valley Youth Conference to reproduce, adapt, and display record of the sporting performance of my child that it may obtain as it pertains to the Valley Youth Conference Sport that he or she is participating in, on or about the above dates. I hereby release the Valley Youth Conference from any and all claims and liabilities that I or my child by reason of the publication in any media whatsoever (including publication in or by any news media), use, adaptation display or such use of my child's name and/or likeness.	
	<b>INSURANCE:</b> I/WE hereby acknowledge and represent that I understand that the Conference, or member organizations upon approval of the Conference, maintains Group Accident Coverage for medical/hospital expenses, and that I have been advised and understand the limits and provisions of such coverage, including that such coverage may be considered as "secondary" coverage when there is any other valid and collectible coverage provided by applicant's parents/guardians separate insurance specified below if known. I/WE understand that any claim for medical service which arises out of an injury from a Conference or member organization activity must be reported to the member organization Coach/Manager of applicant's assigned team within ten days of the date of injury. Other Insurance is specified below; If None specify "None"	
_____	_____	_____
CARRIER	POLICY NUMBER	EMPLOYER
<b>MEDICAL TREATMENT AUTHORIZATION:</b>		
In the event of injury or illness to the above named applicant, I/WE hereby grant authority to a qualified physician to render such medical treatment to the applicant as said physician deems necessary under the circumstances upon presentation of this consent form. I declare under penalty of perjury that I am a parent or guardian of _____		
_____	_____	NAME OF ATHLETE
PARENT or GUARDIAN	NAME PARENT or GUARDIAN (Please Print)	DATE

### SECTION III. Member Organization Use Only

Registration Fee _____ Assigned To _____ Reg. Amt _____ On Teams Roster _____ Balance Due _____ Paid by Check Cash Other _____	<b>CLUB REP PLEASE FILL IN FOR CONFERENCE MEDICAL EXAM - SPORT &amp; DATE</b> PREVIOUS VYCAA CERT _____ PREVIOUS CLUB: _____
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Valley Youth Conference, Inc.

# CODE OF CONDUCT – NO FIGHTING CONTRACT

## Track & Field and Cross Country Division



Our goals are to provide a recreational environment that is fun, healthy and competitive for all who wish to play. We believe this is the right of every player enrolled in our program. In addition we wish to protect these players from those who wish to violate their rights via mean spirited play, unsporting behavior and/or undue or malicious outside interference. It is the intent of the Valley Youth Conference, Inc. (VYC) and all Clubs to stop ANY and ALL violent conduct. All players, parents, coaches and helpers who are connected with each VYC Club must read and sign this document.

Any athlete receiving discipline by a coach or an official of the Valley Youth Conference for throwing a punch, participating in a fight or any type of violent conduct, or other type of inappropriate behavior, may be further suspended from play for the season. Any coach, parent or spectator receiving discipline, including, but not limited to being asked to leave, for violent conduct or other inappropriate behavior may be barred from attending any further meets and/or Valley Youth Conference event, including practices.

Should there be an incident of a fight or punches thrown involving athletes, coaches, participants or spectators at any Valley Youth Conference Sport activity, then a report of this incident must be made to the Commissioner of that Sport by the highest officials of the Club (s) in question within 24 hrs. of the incident. If the Commissioner of the Sport is unavailable to receive the report, then the General Manager is to be contacted next.

The use of alcohol and illegal drugs will not be tolerated. If a player, coach or spectator is found to be using, or under the influence of, such substances, that person will be barred from attending the game/event/meet in question and/or reported to the proper authorities. The use of tobacco will not be tolerated at any venue where games/events/meets are in progress. A person using tobacco at any game/event/meet of the Valley Conference will be barred from attending the game/event/meet in question and may receive further sanctions.

The Commissioner, and/or a committee formed by the Commissioner (which shall report to the Commissioner), will review reports of violent conduct, inappropriate behavior, alcohol, illegal drug, or tobacco use and similar incidents. In doing so, said person (s) may receive such input as such person (s) deem necessary. The Commissioner shall issue a ruling and final penalty/sanction, which may be lesser or more than those stated above. Once a ruling on the incident is issued, the Commissioner shall inform the Club representative of the actions against the parties involved and/or penalty or club sanctions. In the event that a person who has been suspended or barred from participation is found to have participated during such person's term of suspension or exclusion, then the Commissioner may issue further sanctions, including, but not limited to, Club suspension.

**ANY ATHLETE, COACH or PARENT refusing to sign this document will not be able to participate in play.**

### PARENTS MEDICAL CLEARANCE AND PERMISSION TO PARTICIPATE

VALLEY YOUTH CONFERENCE TRACK AND FIELD AND CROSS COUNTRY strongly recommends that children have a medical check-up by a physician prior to participating. To participate in this CONFERENCE, the child's parent or guardian MUST fill out one of the statements below and sign at the bottom.

I am aware that Track & Field and Cross Country are physically demanding sports that requires strenuous effort to participate. I am not aware of any medical or physical condition (s) of my child (name listed below) that would limit his/her participation in the VALLEY YOUTH CONFERENCE Track and Field and Cross-Country programs.

PLAYER \_\_\_\_\_ CLUB Hawks Track Club

Does your Child have any medical or physical conditions (s) that are of concern to me: YES NO

If NO; please go to bottom of page. Parent and athlete must print and sign below .

If YES; please explain \_\_\_\_\_

Clearance to play VALLEY YOUTH CONFERENCE Track & Field and Cross-Country has been obtained through the following medical channels (including tests, examinations and evaluations) and approval to participate has been given by signature of Doctor indicated:

DR. \_\_\_\_\_ DATED: \_\_\_\_\_

**Performance Enhancing Substances** - The Valley Youth Conference, its member organizations and representatives of these organization shall NOT recommend, promote or suggest any type of substance whether chemical, vitamin, mineral, or herbal to be used by its athletes.

I have read, understood and agree to the above requirements allowing me to participate in Valley Youth Conference, Inc.

\_\_\_\_\_  
Player Name (Please Print)

\_\_\_\_\_  
Parent's Name (Please Print)

Molletta Hawkins, General Manager  
Coach/Club Official's Name (Please Print)

\_\_\_\_\_  
Player's Signature

\_\_\_\_\_  
Parent Signature

Molletta Hawkins  
Coach/Club Official's Signature

# Parent Volunteer & Fundraising Information Form

## VOLUNTEERING

The Hawks is an all-volunteer organization. Volunteering & Fundraising is MANDATORY for ALL Hawk families to insure that few do not have to do all the work. There is no previous Track & Field knowledge needed in order to be a valuable member of the Hawks. This is an opportunity for your family to get involved. We are asking each family to volunteer **12 hours** over the season. **All Parents Must: select 3 Dates to Volunteer IF NOT; We will select 3 Dates for you.Keep in mind; Volunteer assignment and positions are on a first come basis.**

## SIGN-UP GENIUS

Sign Up Genius is an online Volunteer tracking site we use to track volunteer assignments. You will receive an email at the close of Registration by March 10th. Parents will be able to track, change and receive notices via email as well.

## OPT OUT FEE: (Fundraising Opt Out fee \$100.00 and Volunteering Opt Out fee \$75.00 )

We know that sometime due to work schedules or other obligations it's impossible to volunteer so being that said we have established an OPT OUT FEE as an option for those busy parents .

## NON-MEET VOLUNTEER POSITIONS - If interested, please select ONE instead of 3 dates below.

- Fundraising Coordinator:** help coordinate club events and maintain Fundraising database.
- Volunteer Coordinator:** Monitor & track volunteer parents. Maintain Volunteer database.
- Hawks Event Coordinator:** Jog-a-thon, Time Trials and Hawk Merchandise Assistant
- Banquet Assistant:** Plan our Season End Banquet. We need multiple volunteers to assist with planning.
- Ribbon Organizer:** computer & printer needed: print results and distribute weekly to ribbon assistant.
- Hawks Booth Coordinator:** Organize the booth for everything, Merchandise, distribution, etc.
- Ribbon Assistant:** receive ribbons weekly to be distributed to athletes after practice.
- Yearbook/Photo Coordinator:** Need someone to create, organize a yearbook for our team.
- Warm-Up Coach:** We need parents who can assist with the warm-ups (6:00pm-6:30pm) during practice.

## TRACK MEET VOLUNTEER POSITIONS

1. Parents are required to CHECK three boxes below for dates to volunteer.
2. Parents are required to VOLUNTEER at three track meets.
3. Volunteer assignments at the meets will be discussed at the Parent Meeting and selected in March.
4. **Invitational Meet Fee:** (April 7th-8th) \$5.00 fee due by 3/30/2018 and \$10.00 due after 03/31/2018

### PLEASE NOTE:

If you will be on vacation, out of town or any obligation that would exclude you from being at our Track meets, what dates. None \_\_\_\_\_ or \_\_\_\_\_

Will you be traveling or out of town during Spring break? If yes when \_\_\_\_\_

Meet 1

**Saturday, March 17, 2018**  
7:30am to 11:30am\_\_\_\_  
11:00am - 3:00pm\_\_\_\_

Meet 2

**Saturday, March 24, 2018**  
7:30am to 11:30am\_\_\_\_  
11:00am - 3:00pm\_\_\_\_

Meet 3

**Saturday, March 31, 2018**  
7:30am to 11:30am\_\_\_\_  
11:00am - 3:00pm\_\_\_\_

Invitational Meet Day 1

**Saturday, April 7, 2018**  
7:30am to 11:30am\_\_\_\_  
11:30am - 3:30pm\_\_\_\_

Invitational Meet Day 2

**Sunday, April 8, 2018**  
7:30am to 11:30am\_\_\_\_  
11:30am - 3:30pm\_\_\_\_

Meet 4

**Saturday, April 14, 2018**  
7:30am to 11:30am\_\_\_\_  
11:00am - 3:00pm\_\_\_\_

Meet 5

**Saturday, April 21, 2018**  
7:30am to 11:30am\_\_\_\_  
11:00am - 3:00pm\_\_\_\_

Open Championship Meet

**Saturday, April 28, 2018**  
7:30am to 11:30am\_\_\_\_  
11:00am - 3:00pm\_\_\_\_

### PLEASE NOTE:

The meets in MAY are qualifying meets. Only select meets if your child qualified last year and/or he/she might go this year too.

Final Championship Meet

**Saturday, May 5, 2018**  
7:30am to 11:30am\_\_\_\_  
11:30am - 3:30pm\_\_\_\_

IEC Championship Meet

**Saturday, May 12 2018**  
7:30am to 11:30am\_\_\_\_  
11:30am - 3:30pm\_\_\_\_

Parent

Email

Contact#

Athlete \_\_\_\_\_

Location \_\_\_\_\_



# Hawks Track Club & Cross Country Team

## ATHLETE APPAREL FORM

(1) Athlete-First, Last Name \_\_\_\_\_

**Team Bag** *Included*

**Athlete's Division**

- Sub/Gremlin (Age 4-7)
- Gremlin (Age 6-7)
- Bantam (Age 8-9)
- Midget (Age 10-11)
- Youth (Age 12-13)
- Intermediate (Age 14-15)

**Uniform, Gold Top**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Uniform, Gold Shorts**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Jacket**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Pants**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**T-Shirt Size** \_\_\_\_\_

**T-shirt Sizes** Youth X-Small (4-6)  
Adult Small

(2) Athlete-First, Last Name \_\_\_\_\_

**Team Bag** *Included*

**Athlete's Division**

- Sub/Gremlin (Age 4-7)
- Gremlin (Age 6-7)
- Bantam (Age 8-9)
- Midget (Age 10-11)
- Youth (Age 12-13)
- Intermediate (Age 14-15)

**Uniform, Gold Top**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Uniform, Gold Shorts**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Jacket**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Pants**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**T-Shirt Size** \_\_\_\_\_

Youth Small (6-8)  
Adult Medium

(3) Athlete-First, Last Name \_\_\_\_\_

**Team Bag** *Included*

**Athlete's Division**

- Sub/Gremlin (Age 4-7)
- Gremlin (Age 6-7)
- Bantam (Age 8-9)
- Midget (Age 10-11)
- Youth (Age 12-13)
- Intermediate (Age 14-15)

**Uniform, Gold Top**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Uniform, Gold Shorts**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Jacket**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Pants**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**T-Shirt Size** \_\_\_\_\_

Youth Medium (10-12) Youth Large (14-16)

(4) Athlete-First, Last Name \_\_\_\_\_

**Team Bag** *Included*

**Athlete's Division**

- Sub/Gremlin (Age 4-5)
- Gremlin (Age 6-7)
- Bantam (Age 8-9)
- Midget (Age 10-11)
- Youth (Age 12-13)
- Intermediate (Age 14-15)

**Uniform, Gold Top**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Uniform, Gold Shorts**

- Not needed
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Jacket**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**Warm-Up Pants**

- Youth X-Small
- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large

**T-Shirt Size** \_\_\_\_\_

Youth X-Large (18-20)

**Hawks Track Club & Cross Country Team**  
**Submit Registration Form Options**



Congratulations! Thank you for completing the Registration Packet to join the Hawks Track Club and Cross Country Team.

Please save your Registration Packet and email to:  
[hawkstrackclub@yahoo.com](mailto:hawkstrackclub@yahoo.com)

- a) Subject of email: Registration
- b) Don't forget to send a copy of your child's Birth Certificate, ID or Passport with the packet for completion.
- c) Once Registration Packet is received you will receive a confirmation email or call back within 24hrs with payment information.
- d) Running Uniforms (Top & Bottoms)  
\$30.00 Youth size per athlete  
\$40.00 Adult size per athlete  
Returning members can use last year's uniform if it still fits and it's in good condition.

Payments can be made online: [www.hawkstrackclub.com](http://www.hawkstrackclub.com)

**In-Person:** at any sign-up dates or any practice in February

**By Mail:** Hawks Track Club

17639 Sherman Way #A275

Lake Balboa CA 91406

Welcome to the Hawks Family!